



TEXAS ACADEMY *of* FAMILY PHYSICIANS FOUNDATION

ANNUAL REPORT 2024

MISSION: The Texas Academy of Family Physicians Foundation is the philanthropic arm of the Texas Academy of Family Physicians and is organized for scientific and educational purposes in support of the medical specialty of family medicine and for the advancement of the health and well-being of patients.

The TAFP Foundation focuses its work on two strategic areas – practice-based primary care research and supporting the next generation of family physicians. Through the generous support of individual donors and TAFP, we provide scholarships, travel funding, research grants, funding for family medicine interest groups, and research poster competition prizes.

After several years of recovery from the pandemic, 2024 was a record-breaking year for the TAFP Foundation. Spending on our programs increased by 38% with higher spending in all three main categories – research, travel and FMIG funding, and scholarships. Part of the increase was due to the new TAFP Student and Resident Summit. The inaugural event was in August 2024 and the TAFP Foundation offered travel funding for every medical school and family medicine residency program in Texas. A total of 126 students and residents received funding.

This was made possible by generous donors but also a special gift from TAFP. In April 2024, the TAFP Board of Directors voted to transfer \$1 million to the TAFP Foundation for initiatives that target medical students and residents with funding for travel, leadership development, FMIG activities, and more. Income from monthly or other recurring donations also increased by more than 30%.

PRACTICE-BASED PRIMARY CARE RESEARCH

The research grant program through the TAFP Foundation began in 1988 and continues to thrive. Twice a year, proposals for research grants are accepted and many are funded. More than \$760,000 has been awarded in small grants and many of the projects go on to be published or expanded into larger studies. In 2024, research was funded on cancer survivorship, telehealth utilization, glucose monitoring, and blood pressure screening during pediatric pre-participation physical exams. Grant recipients are encouraged to share their research at TAFP CME events in didactic lectures and poster presentations. The TAFP Foundation also supports the prizes for the annual research poster competition held at TAFP's Annual Session and Primary Care Summit.

FAMILY MEDICINE RESIDENTS

The Foundation recognizes residents as the future leaders in family medicine and provides funding to help them attend family medicine meetings. There are also scholarships for residents to present research at national meetings, an advocacy scholarship, and a few scholarships that recognize excellence at individual residency programs.

In 2020, the TAFP Foundation launched the Texas Family Medicine Scholars program. The multi-year scholarship program was established to provide generous financial support and leadership development to one resident each year to build the next generation of leaders for family medicine. In 2022, the program was expanded to include two residents per year. Our first scholar, Dr. Kendra Williams, is in practice, completed the TAFP Family Medicine Leadership Experience in 2023, and represented Texas at the 2025 AAFP National Conference of Constituency Leaders. The second scholar, Dr. Tyler King, is also

in practice, serves on the Laredo City Council, and represents his county medical society to the TMA House of Delegates.

MEDICAL STUDENTS: THE CORE OF OUR WORK

The majority of funds expended each year are devoted to medical students. Supporting and encouraging their interest in family medicine has always been a fundamental part of the TAFP Foundation's work. As the state's population swells at both ends of the age spectrum, the need for primary care physicians has never been greater.

Much of our funding is devoted to in-person activities including travel funding to attend conferences and funding for family medicine interest groups at each of the medical schools. These activities are opportunities to spark interest in family medicine. Attendees at the new Student and Resident Summit felt that spark!

In the early 1990s, the TAFP Foundation embarked on a quest to build scholarships for medical students interested in family medicine. Since then, student debt levels have dramatically increased, and our total scholarship dollars awarded is now more than \$500,000. The scholarships are all fully endowed so that they will continue in perpetuity to be a method of supporting future family physicians.

Our newest scholarship in development honors longtime Harris County AFP executive, Leon Rochen who passed away in November 2024. When funded, the scholarship will benefit medical students at Houston medical schools.

These fantastic programs are only possible through the support of members like you. As the TAFP Foundation continues to support and encourage the next generation of family physicians, we remain clear and focused on why we do what we do.

HIGHLIGHTS FROM 2024

- More than \$40,000 in scholarships were awarded to students and residents across the state.
- The TAFP Foundation collected more than \$50,000 in monthly donations from TAFP members, staff, and friends in 2024.
- The TAFP Foundation received a \$1 million transfer from TAFP to support workforce development initiatives.
- More travel funding was awarded than ever in the history of the TAFP Foundation – more than \$80,000.



The TAFP Foundation's monetary support was crucial to my participation while I was a student and resident leader. After seeing firsthand the fantastic work of the Foundation, there was never a doubt in my mind that I needed to do my part to support and empower the next generation's leaders.

– Jake Margo, Jr., MD, TAFP past president and monthly donor since 2005

FINANCES

STATEMENT OF FINANCIAL POSITION

(as of 8/31/2023)

CURRENT ASSETS

Cash	\$96,602
Investments	\$4,562,731
Receivables	\$0
Total assets	\$4,659,333

LIABILITIES AND NET ASSETS

Total liabilities	\$4,500
Net assets	
Without donor restrictions	\$1,893,885
With donor restrictions	\$2,760,948
Total liabilities and net assets	\$4,659,333

STATEMENT OF ACTIVITIES

Revenues

Donations	\$1,104,349
TAFP grant	\$80,000
Investment return	\$416,104
Fundraising event	\$10,100
Miscellaneous income	\$191

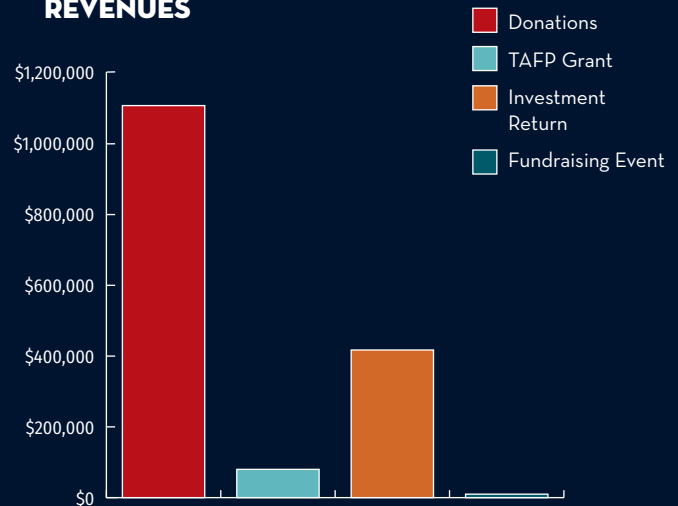
Total revenues **\$1,610,744**

Expenses

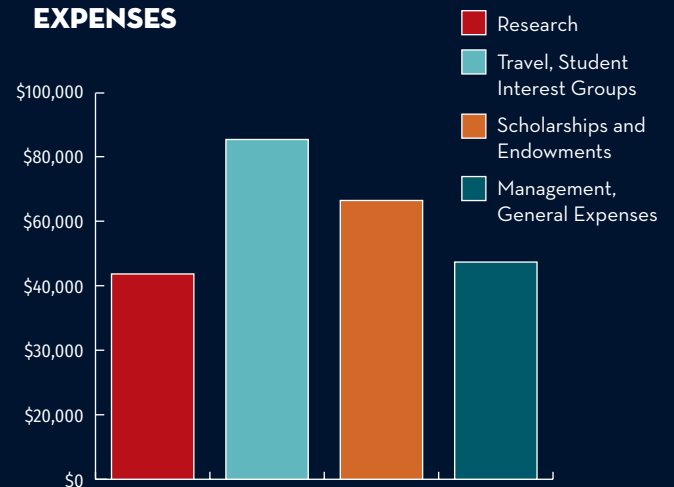
Research	\$52,028
Travel and student interest groups	\$86,061
Scholarships and endowments	\$70,625
Fundraising, management, and general	\$55,034

Total expenses **\$263,748**

REVENUES



EXPENSES



2024/25 TAFP Foundation donors

★ = TAFP Foundation monthly donor

Thank you to these donors, whose contributions fund scholarships for Texas medical students, family medicine research grants, and travel scholarships for residents to attend professional development activities.

Austin Regional Clinic
Blue Cross and Blue Shield of Texas
Catalyst Health Group
Suvida Healthcare
Texas Health Resources
Texas Medical Association
Texas Medical Liability Trust

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★ Richard A. Young, MD
Kerolos Youssef, MD
Adeline Jade Yu, MD
Beverly A. Zavaleta, MD
Luis E. Zepeda, MD
Yanqiu Zhao, MD

TAFP Foundation Endowed Funds

Medical Student Scholarships

Nancy Dickey, MD, Medical Student
Scholarship
Roland Goertz, MD, Leadership Scholarship
Glen Johnson, MD, Minority Medical Student
Scholarship
Weldon G. Kolb, MD, Medical Student
Scholarship
Arnold N. Krause, MD, Medical Student
Scholarship
Minnie Lee Lancaster, MD, and Edgar
Lancaster, MD, Medical Student
Scholarship
Patrick Leung, MD, Medical Student
Scholarship
Leah Raye Mabry, MD, Scholarship
C. Ted Mettetal, MD, Medical Student
Scholarship

Edwin L. Mueller, MD, Medical Student
Scholarship
Dr. David Pillow Scholarship in Honor of
2001 TAFP President Justin Bartos, MD
Norma Porres, MD, and Felipe Porres, MD,
Medical Student Scholarship
S. Perry Post, MD, Medical Student
Scholarship
Harold T. Pruessner, MD, Medical Student
Scholarship
William F. Ross, MD, Medical Student
Scholarship
Linda M. Siy, MD, Medical Student
Scholarship
South Texas Chapter Medical Student
Scholarship
Valley Chapter Medical Student Scholarship

Resident Scholarships

Henry J. Boehm Jr., MD, Scholarship
Seth Cowan, MD, Scholarship
Cecil M. French, MD, Scholarship
Richard B. Hartin, MD, Scholarship

James Martin, MD, Scholarship
Cassie Murphy-Cullen, PhD, Scholarship
Sam Nixon, MD, Leadership Scholarship
Philip Thorek, MD, Scholarship

Student Interest Endowment

Gold Level

Lewis Foxhall, MD, Student Interest Fund

Carol and Dale Moquist, MD, Student
Interest Fund
Sam Stone Student Interest Fund

Silver Level

Douglas Benold, MD, Student Interest Fund

Bronze Level

Dallas Coate, MD, Student Interest Fund

Research Endowment

Gold Level

Richard Garrison, MD, Research Fund
David Katerndahl, MD, Research Fund
Jim and Karen White Research Fund

Bronze Level

Joane Baumer, MD, Research Fund
Gary Mennie, MD, Research Fund
Linda Siy, MD, Research Fund
Lloyd Van Winkle, MD, Research Fund
George Zenner, MD, Research Fund

Silver Level

Carol and Dale Moquist, MD, Research Fund
Red River Chapter Research Fund

Resident Leadership Endowment

Gold Level

Blue Cross and Blue Shield of Texas